



## Rhythmic Gymnastics Club Worcester

### Health & Safety Policy Statement

Rhythmic Gymnastics Club Worcester (RGC Worcester) is committed to ensuring the health, safety and wellbeing of its employees, volunteers, members and any other persons e.g. visitors, who are part of the club experience.

This health and safety policy sets out our main aims and objectives and outlines the ways in which we go about fulfilling these aims and objectives. This policy is to be used in conjunction with policies, procedures and guidance from British Gymnastics to meet the relevant health and safety requirements and the common law duty of care.

#### **Our agreed aims and objectives are as follows.**

- To manage the risks associated with our activities so that accidents and work-related ill-health can be avoided.
- To ensure that all equipment and apparatus that we use is fit for purpose, regularly inspected and properly maintained.
- To provide all our employees and volunteers with the relevant induction, supervision, instruction and training, necessary for the proper performance of their duties
- To communicate with our employees, volunteers, gymnasts and parents on matters which affect their health and safety,
- To provide a safe working environment for our employees, volunteers and members.
- To fulfil the health and safety responsibilities that we may have in reporting any hazards or risks to the landlord of the premises from which we hire.

#### **Organisation**

The overall responsibility for health and safety rests with Paul Bland (Club Chair) and Petra Milecova (Head Coach)

Emma Pearson (DipNEBOSH GradIOSH) – Welfare Officer will advise and review the management of health and safety.

#### **To fulfil these aims we have taken the following actions**

- We have appointed a qualified Health and Safety volunteer responsible for managing each main area of our health and safety policy.
- We have conducted risk assessments on our activities, which are regularly reviewed
- Additional risk assessments are conducted to cover particular groups such as young people, new and expectant mothers and disabled people, as required.
- We have implemented the actions arising from risk assessments and communicated the results to our employees and volunteers
- We provided an induction programme for new members of employees and volunteers and we arrange for additional training and up-dating to be provided wherever necessary
- We conduct regular inspections of all equipment and apparatus and take prompt action to remedy any deficiencies.

- We have procedures for dealing with incident reporting and meet the premises requirements relating to emergency evacuation of our premises.
- We report any hazards or risks to the landlord of the premises from which we hire.
- We review our health and safety policy annually with additional reviews following any changes in our operating methods, changes in our organisational structure, and the issue of new BG guidance.

**Specific Arrangements:**

There are areas of health and safety covered in the specific arrangements section of the policy.

The following Specific Arrangements can be found in the full H&S Policy and arrangements, which can be seen upon request.:

- Accident, and near-miss events
- First-Aid provision and injuries
- Risk Assessments
- Fire Safety & Premises Management

**Signature:**



**Name:** P. Biscoe

**Position:** CHAIRMAN

**Date Agreed:** 5<sup>th</sup> October 2019

**Next review date:** September 2020