



Rhythmic Gymnastics Club Worcester

Rhythmic Gymnastics Club Worcester are celebrating winning success for the consecutive year as overall British Champions in the Rhythmic Championships Series 2019.

On 26-28 July 2019, the club was represented by two Espoirs (u12) groups taking centre stage at the M&S Bank Arena, Liverpool - competing for the prestigious British title.

Showing diversity and skill in front of a crowded arena, the gymnasts displayed routines in free & ball competing against top clubs in the country.

Bluestars (Mia Harding, Lucy Jackman, Elodie McNelis, Eva Yordanov) achieved their highest scores of the year with fantastic routines in the all-around, to retain Espoir Overall British Champions and went on to take Gold in Free & Silver in Ball in the apparatus finals.

Roses (Scarlett Bunn, Isabel Hirons, Jessica Holmes, Amber Whitaker) finished a creditable 10th overall.



BRITISH CHAMPIONS



U12 British Champions 2019

Head Coach, Petra Milecova was overjoyed at the results commenting "It is a great achievement to have two groups competing at such major championships. We had participated in several competitions prior to the Championships and could see what we needed to work on and how to improve on scores. In the run up to the event we worked long training hours to make sure the girls are prepared physically and mentally to perform their routines to the level I knew they could. Bluestars performed two clean routines which secured the beautiful 1st place in the all-around, and they repeated it again on Sunday in the apparatus finals. Roses did the best they could and ranked 10th overall. Congratulations to both Roses and Bluestars, I am very proud of the achievements".

Next up for the groups are the remaining rounds of Elite League in Stoke in October.



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