



July 2019 Newsletter



Rhythmic Gymnastics Club Worcester

Thank you to all volunteers

The Committee would like to say a big thank you to all the parents, young leaders, general assistants & coaches who have helped the club this year. All your help is very much appreciated – the club simply couldn't run without you!

A special thank you to Natalie Coomber (General Assistant, Thurs) & Sally Layton (Shop) who have given their time to helping the club. Sadly, they will be leaving their roles after July & we wish them both well. If anyone is interested in taking over either General Assistant on Thursdays or the running of Club Shop, please speak to Petra or Andrea.

Summer Display Sunday 23 June 2019

A huge thank you to everyone who supported our annual display – you helped to raise over **£2400** for the club, which is a fantastic achievement! It was great to see all the club gymnasts taking part & we hope both they & their families enjoyed all the wonderful routines on display. Well done to all the prize winners & thank you to all the volunteers who helped make this year's display such a successful event.

Competition News

Welsh Open Championships Congratulations to all the gymnasts who competed at the Welsh Championships & Open Competition in Cardiff over the weekend 29-30 June. The squad consisted of Kristiana, Goda, Isabel H, Amber, Liza, Scarlett, Lucy, Athina, Charlotte, Jess B & Keira). Great routines from you all with placings for:

Level 2: Kristiana – 1st U10 Rope | Goda – 2nd U10 Hoop
Level 3: Isabel H – 1st U10 Hoop; 3rd U10 Free
Jess B – 2nd Junior Ribbon | Athina – 3rd Junior Ball
Charlotte – 3rd Junior Clubs | Keira – 1st Senior Ball; 1st Senior Hoop

Grades Finals & 1st Round Group League

Congratulations to Georgia, Mia and Eva who competed in National Grades Finals on 8-9 June. They were up against very strong competitors and performed very well. Over the same weekend, our Elite & National Espoir Groups competed in the 1st Round of the Group League, with Sunflowers placing 8th in the National League & Bluestars placing 3rd and Roses placing 6th overall in the Elite League.

British Championships

GOOD LUCK to Bluestars & Roses competing at the British Championships at the M&S Bank Arena, Liverpool 25-28 July. Go Girls! You will be able to follow all the action at the Championships on the BG Score App & BG TV (online).

A huge thank you to all who have helped with the competitions over this training year: volunteers for helping, judges for judging and coaches for coaching!!

Dates for the Diary

All dates at: www.rgc-worcester.com/calendar/

CLUB SUMMER PICNIC SUNDAY 14 JULY

Starting from 1pm onwards at the Countryside Centre, Worcester Woods Country Park, WR5 2LG. Club Picnic (unfortunately the BBQ is not available to us this year). Bring your hampers & rugs! Everyone welcome!!

END OF TRAINING YEAR - Summer Break

ALL training classes (Rec/Dev/Comp) will finish training for Summer on Saturday 27 July.

Please CANCEL/POSTPONE your STANDING ORDER for AUGUST & re-start FROM 1ST SEPTEMBER.

Training will restart the week beginning **MONDAY 2 SEPTEMBER** - look out for separate emails & Facebook posts during the Summer break.

Summer School of Gym, Dance, Acrobatics & Fun

Venue: Riverside University of Worcester 10am-4pm

We will be hosting 3 weeks of summer camps (open to members & non-members): All dates are advertised on our Facebook page & club website.

Week 1: Mon 22 (venue TBC), Tues 23, Wed 24 July (venue TBC)

Week 2: Thu 22, Fri 23 August

Week 3: Mon 26, Tue 27 (10.30am, cost £19), Wed 28, Thu 29 August

Venue: Riverside, 10-4pm (unless otherwise stated)

Cost per camp: £21 (unless otherwise stated)

To book: email to rgcworcester@gmail.com

WEEK COMMENCING Monday 2 September 2019
The new RGC training year begins!



Delayed in picking up your child?
CALL 07858 557728

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