



# April 2019 Newsletter

Rhythmic Gymnastics Club Worcester



## FUNDRAISING

### Annual Club Competition

Well done to all the gymnasts who competed at Riverside on Sunday 17 March. It was great to see so many recreational gymnasts taking part - we hope you enjoyed yourselves! A big thank you to all the volunteers & parents who helped support the competition - we raised £945 for the club. Thanks once again to St Johns Carpets & Midland Materials Handling Ltd for sponsoring the event.

### Sponsored Zumba & Conditioning Event

A huge thank you to all who helped us raise a massive £1253 from our sponsored zumba & conditioning event which was held in February. The funds raised will be split between the recreational groups & competitions groups.

### Fundraising Committee

If any parents of the recreational group would like to join the fundraising committee please pass your e mail address onto Petra for Trina to invite you to the next meeting.

### BG Awards / Badges

Over the next 2/3weeks, gymnasts will be working towards their next level badge/grade. They will get a slip with the award achieved & payment details should you wish to purchase the certificate and badge. Badges & certificates will be presented at the Viewing Week (please see details below):

### Invitation to watch training sessions – w/c 29 April

There will be a viewing session for parents wishing to watch training the week commencing Monday 29 April. These sessions will be held on the following dates:

Wednesday (All classes) – Weds 1 May 5-6 / 7 / 7.30 / 8pm

Thursday Recreational class – Thur 2 May 6-7.30pm

Friday Recreational class only – Fri 3 May 5.30-7pm

Saturday Beginners Recreational class – Sat 4 May 9-10am

Saturday Advanced Recreational class – Sat 4 May 10am-12 noon

During these sessions badges & certificates will be presented

## Dates for the Diary

### SUMMER DISPLAY : SUNDAY 23 JUNE

St Johns Sports Hall, Main Campus, University of Worcester

Thank you to SME Solicitors for sponsoring this event. We are also looking for sponsors for the main raffle. If you know of any business who would like to provide sponsorship please let Petra or the Fundraising Committee know. They can be contacted on [rgcworcesterefundraising@hotmail.com](mailto:rgcworcesterefundraising@hotmail.com) or through the club's closed Facebook page.

## EASTER TRAINING & CAMPS

Classes are on as normal over the Easter period UNLESS there is a camp scheduled for that particular day – please see the training and camps schedule which was emailed to members last week. A copy is on the Club's noticeboard at Riverside.

We will be holding 5 camps during Easter:

**Week 1:** Mon 15 April; Tue 16 April (with Commonwealth gymnast Mimi Isabella Cesear)

**Week 2:** Tue 23 April; Thurs 25 April (with dancer Jodie Love) and Fri 26 April

**Time & venue for all camps:** 10am – 4pm at Riverside (EXCEPT Mon 15 April – at Bishop Perowne High School)

**Cost:** £21 per day

(EXCEPT Tue 16 April – camp with Mimi £25)

Please book a place through: [rgcworchester@gmail.com](mailto:rgcworchester@gmail.com). If the evening session is cancelled, please let Petra know when during Easter you want to make up your hours (gymnasts should book camps to make up the hours of cancelled evening session).

**All dates for events, camps & competitions** can be found at: [www.rgc-worcester.com/calendar](http://www.rgc-worcester.com/calendar)

## Competition News

Over the weekend 23/24 Mar, we had gymnasts competing in the British Open Apparatus Championships & the British Group Seeding event at Fenton manor, Stoke-on-Trent. Well done to Georgia who competed for the first time as a Junior in the apparatus championships & the 4 groups in the Group Seeding.

Bluestars (Elodie, Eva, Lucy & Mia) and Roses (Amber, Isabel H, Jess H, Liza & Scarlett) qualified for the British Championships and Level 5 (Elite) Espoir Group League; Sunflowers (Faye, Goda, Maya S & Mya L) qualified for Level 4 (National) Espoir Group League & our junior group, Tulips (Adrianna, Athina, Charlotte, Iga, Jess B & Zara) qualified for Level 3 (Zonal) Junior Group League.



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