



# January 2019

## Newsletter

### Rhythmic Gymnastics Club Worcester



**Welcome back after the Christmas break! We wish all our gymnasts, parents, carers, coaches & volunteers a very happy New Year!**

**ALL Classes start back as normal week commencing Tuesday 8 January 2019**

### Dates for the Diary

#### CHANGE TO TRAINING VENUE & TIMES:

**FRIDAY 25 & SATURDAY 26 JANUARY** Riverside is NOT available to us to train on Friday 25 & Saturday 26 January. Training on these days will be held at Bishop Perowne with some changes to times:

**Friday 25 Jan - ALL classes start at 5.30pm & finish at normal times**

**Saturday 26 Jan - Classes start at & finish at normal times EXCEPT FOR THOSE GYMNASTS WHO START AT 5pm ON A FRIDAY: THESE GYMNASTS ARE TO FINISH AT 2.30pm ON SATURDAY**

Those new to Bishop Perowne, training will take place in the gymnasium. Bishop Perowne CofE College, Merriman's Hill Rd, Worcester WR3 8LE

### ANNUAL CLUB COMPETITION

We will be hosting our annual club competition on **Sunday 17 March** at Riverside. The competition is open to ALL the gymnasts & we encourage all to enter. For those new to the club, all the gymnasts will be given a routine to learn in their training classes. The routines will be posted on the club's Facebook page closer to the time for those who wish to practice at home.

**Please complete an entry form & hand it in to the general assistant to your class, along with payment by the 31 Jan 19.** An entry form will be found attached with this month's email.

### FUNDRAISING : Saturday 16 February at Riverside SPONSORED ZUMBA & CONDITIONING EVENT

to help raise some funds for the club! Sponsor forms will be handed out 2 weeks prior to the event. More details to follow.

### Communication

Please note that all important club information is emailed out monthly to all parents and also displayed on the club's notice board and posted on our Facebook group. In an emergency or for any last-minute changes, we do send text messages. We also have a closed Facebook group for you to join & follow.

So you can receive communications, please let us know asap if your contact details change – either through the administration assistant at every class or email: [rgcworchestersecretary@hotmail.co.uk](mailto:rgcworchestersecretary@hotmail.co.uk)

**\*\*\* Please also remember to update any changes to your email or phone number on your British Gymnastics account.\*\*\***

If you have a question – please speak to the general assistant at your class in the first instance.

### Medical

If anything has changed in your child's medical circumstances please let us know in writing ASAP.

If your child is using inhaler – this must be brought to every session clearly marked with gymnast's name & handed to the front desk. The gymnast must collect it at the end of the session.

### Leaving Notice

Please note that according to the club's fees policy we require 1 month's notice when a gymnast leaves the club and fees for this period must be paid as well.

### and finally... GDPR

The monthly club newsletter is emailed to members who request it; posted on our closed FB Page & a hardcopy is put on our noticeboard at Riverside.

If you are receiving our newsletter via email, it is because you ticked the consent box (Marketing by Email) on your child's BG membership. If you no longer wish to receive these newsletters (or any other marketing sent via email eg adverts for half-term camps, annual club competition), then please remove your consent by logging into your BG Membership account & updating your preferences to marketing by the club.

However, if you are reading this on the noticeboard & are no longer receiving our monthly newsletter via email, please update your consent preferences on your BG Membership account by ticking YES to "Marketing by Email".



Delayed in picking up your child ?

CALL **07858 557728**

[www.rgc-worcester.com](http://www.rgc-worcester.com)

[www.facebook.com/rgcworchester](https://www.facebook.com/rgcworchester)

e: [rgcworchestersecretary@hotmail.co.uk](mailto:rgcworchestersecretary@hotmail.co.uk)

